

“The Five Focuses”



Teaching Me
Making Time Meaningful Again

October

Age Group
1 Year—2 Years

	Week 1	Week 2	Week 3	Week 4	Extra Plans
MONDAY	Social and Emotional	Cognitive	Physical	Life-Skills	Life-Skills
TUESDAY	Cognitive	Physical	Life-Skills	Character	Cognitive
WEDNESDAY	Physical	Life-Skills	Character	Social and Emotional	Physical
THURSDAY	Life-Skills	Character	Social and Emotional	Cognitive	
FRIDAY	Character	Social and Emotional	Cognitive	Physical	